



Newsletter Edition 3: August 2022

REMINDER – NEWSLETTER GUIDELINES

The guidelines will apply to this newsletter, and future newsletters.

The guidelines are as follows:

- There will be two newsletters published each term, i.e., six in total each year
- The newsletter shall be four (4) pages in length, where appropriate
- Articles, including special reports, member profiles and member experiences shall be approximately 250 words or ½ an A4 page
- For the most part, the newsletter will focus on our organisation's members; celebrating our people and the activities or courses they undertake, as well as providing updated information. Occasionally the newsletter will have a different purpose, e.g., the first newsletter of the year will be centred on the Annual General Meeting in Term 1.
- We want to learn more about our members and the courses they undertake. To that end we have developed two proformas: 'Member Profile' and 'Showcasing Our People and Our Courses'. The forms we will be using to gather the information will shortly be available at the office. In the future these will be available online. Our volunteers in the office are happy to help with this and we emphasise that this is voluntary. If you are happy to be involved, contact Ann Bloomfield via email: communication@portsorellu3a.org.au or phone 0447 506 691. For your information we have attached a proforma to this newsletter including some examples of what we are hoping to achieve.

A MESSAGE FROM YOUR TREASURER



You may be aware that the Bendigo Bank is closing its Shearwater branch. This is the branch our organisation has been associated with, and we are disappointed it is closing.

This year we have introduced Piggy's Cards, an EFTPOS facility in order to reduce the amount of money handled by volunteers in the office, and to also reduce the need to visit the bank regularly.

The task of banking cash received is now more difficult, given the need to go to the Devonport branch, so we ask all members to consider using the piggy's cards, and the EFTPOS facility where they can.

Thank you.

FACEBOOK

If you are wishing to post anything on FaceBook, please be aware that our organisation has specific guidelines in relation to what is acceptable. Please contact our Communication Officer for review and approval before posting.

SENIORS WEEK ~ MONDAY 17TH OCTOBER TO SUNDAY 23RD OCTOBER

As part of Seniors Week (Monday 17th October to Sunday 23rd October) we are offering special 'taster' events, mainly for the general public, but also for interested members to try. Bookings can be made online from September 12th to October 10th at www.portsorellu3a.org.au or contact the U3A office on 0499 162 539. More details about each of the

'taster' sessions are available from the program at the following website address: <https://www.cotatas.org.au/programs/seniorsweek/> The cost of each course is a gold coin donation. Offerings include:

- Ukulele Concert – Monday 17th October 1:30 pm – 2:30 pm
- A Taste of U3A – Mature Movers – Monday 17th October 10:30 am – 11:30 am
- A Taste of U3A – Pickleball Tuesday 18th October 1:00 pm – 2:00 pm
- A Taste of U3A – Photography Group Wednesday 19th October 11:00 am – 12:00 pm
- A Taste of U3A – Walking Netball Wednesday 19th October 2:00 – 3.30 pm
- A Taste of U3A – Reading Food Labels Thursday 20th October 10:30 am – 12:00 pm
- A Taste of U3A – Fun with Worms Thursday 20th October 1:30 pm – 3:00 pm
- A Taste of U3A – Friday Fliks Friday 21st October 1:30 pm – 3.30 pm
- A Taste of U3A – Candid Conversations Friday 21st October 10:00 am – 12:00 pm

Please encourage your family, friends and others to try out some of the programs offered by our U3A organisation.

SPOTLIGHT ON THE SPECIAL EVENTS, TERM 2

Among the many highlights which have occurred this term has been the Special Events. These have been well-attended, interesting and informative. We thank the Program Group for their hard work, organisation and initiative in providing us with opportunities to learn more about a variety of topics. We look forward to seeing what they offer in Term 3.

Here are some snippets and / or photographs from the Special Events offered this term:

- A Taste of Antarctica – presented by David Brett
- Titanic – A Tale of Two Engine Rooms – delivered by David Evans
- Bushfire Readiness and Home Fire Safety facilitated by James Jennings (Community Development Office NW – bushfire to home safety), with supplementary information from David Cleaver (Community Development Officer NW), Mike and Marion Cassidy (Peer Educators COTA) and David Prince (Port Sorell Fire Brigade Chief)
- Stroke Awareness

ANTARCTICA

David Brett gave an entertaining talk on his 'Experiences in Antarctica'. David had grown up around these parts and spoke of his experiences as a carpenter employed to work in the area. After applying for a position in the Antarctic Division to work at Australia's bases as a twenty-eight-year-old, David finally got his chance twenty years later. He has never looked back and has been there approximately ten times, six in summer and four in winter. Summer is a six-month placement and winter a twelve-month placement. During summer David worked on construction and external maintenance. Winter (no sun, just dawn and dusk), meant indoor maintenance. This has meant David spent seven years of the past fifteen in Antarctica and the Sub-Antarctic Macquarie Island. David shared photos of all the various sights in Antarctica which included seals, penguins, orcas, pack ice, icebergs, helicopters, planes, buildings with unusual names, snow, and mainly ice and whiteness as far as the eye could see. No flies or mosquitoes were to be found in any photo.

The engagement of the thirty-five or so members of Port Sorell U3A at this talk was obvious by the questions presented to David at the end of his talk, ranging from David's worst moments (15 metre waves in a smallish ship) to the future of Antarctica in terms of international agreements on no mining or other environmental pressures.

Thank you, David.



TITANIC

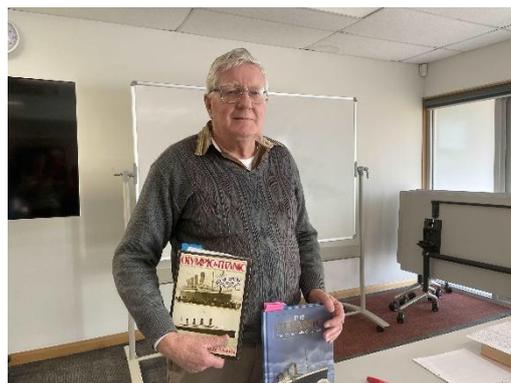
David Jones trained as a Marine Engineer in the UK and was engaged on 18 different ships for 20 years; seven of these years were as a Chief Engine Officer. The Titanic and its history, particularly the Engine Room and Boiler Room are his passion.

Thank you, David.

Test your knowledge on this Titanic Quiz!!

Are the following statements True or False? (see answers below).

1. The steel hull of the Titanic was of poor-quality steel.
2. The 'look out' for spotting glaciers had a compulsory eye test prior to employment.
3. The Titanic was travelling at almost full speed when it hit the icefield.
4. In 1912, common practice for a vessel on passage in the North Atlantic approaching a known icefield was to stop for the night awaiting daylight, and then resume the journey safely, thereby avoiding icebergs.
5. According to the 1897-1904 Navigation Act (which was current in 1912), the Titanic carried fewer lifeboats than mandated.
6. How many tons of coal did the ship use per day at cruising speed?
 - A. 450
 - B. 550
 - C. 650
7. How many stokers were employed?
 - A. 156
 - B. 176
 - C. 197



Answers

1. False. The steel was of the highest standard at the time - mild plate with a tensile strength of 28 to 31 tons/square inch.
2. False.
3. True.
4. True
5. False. In 1912, the Titanic had MORE lifeboats than required, but this was still NOT sufficient for all onboard.
6. C
7. B

BUSHFIRE READINESS AND HOME FIRE SAFETY



James Jennings (pictured centre) facilitated a thought-provoking and enlightening session on home fire safety and bushfire readiness. Along with representatives for Tas Fire and COTA (Council for the Aged Tasmania), the session involved aspects of home maintenance and preparedness to avoid a house fire, as well as how to prepare your home to lessen the impact of a bushfire. It also provided up-to-date information on bushfire alerts and contact numbers to stay informed and assess risk in a bushfire situation. It is quite clear we all should have a plan in the event that a fire should occur. Advice on this is available at www.fire.tas.gov.au

We extend our thanks to the presenters and to the Port Sorell Surf Club, who hosted the event.

STROKE AWARENESS

We thank Joanne, who outlined what we need to be aware of should someone we know have a stroke. Signs to look out for include:

FACE – drooped

ARMS – can't be raised

SPEECH – slurred or confused

TIME – is critical. Call 000



Remember act fast, call 000.

TERM 3 UPCOMING SPECIAL EVENTS

A number of events are in the planning stages at the moment. These include:

- End of Life Choices (Voluntary Assisted Dying Act 2021) – on Monday 17th October 2:00 – 3:00 facilitated by Mike Gaffney MLC
- Anything You Want to Know about Electric Vehicles – on Monday 14th November 2:00 – 3:00 presented by Tom Kingston
- Panatana Walk – proposed for late November at this stage
- Trivia Quiz – proposed for November

Further details will be published as they become available. Registrations can be done online or via the office.

Your feedback on future events would be most welcome. Please forward your comments and photographs to communication@portsorellu3a.org.au

MEMBER PROFILE 1**INTRODUCING ... SALLY GORE**

MEMBER NAME: Sally Gore

YEAR JOINED PORT SORELL U3A: 2022

REASON(S) FOR JOINING U3A: Sally wants to be busy and join in the activities offered in the Port Sorell U3A. As she is relatively new to the area, she saw it as a way to meet new people



COURSES UNDERTAKEN AND ROLES IN U3A: Sally is currently involved in Crafternoons and Mahjong, but in Term 3 she is undertaking Board Games and Mature Movers. She also volunteers in the office on Fridays as a way of getting to know more about our organization.

OTHER INTERESTING INFORMATION ABOUT HER: Sally came from Melbourne, where she lived for many years. She moved for personal reasons, to make a new life with her daughter, son-in-law and two grandchildren. You may know them as the owners of Tranquilles. She is currently building a new house on the Tranquilles property.

COURSE IN FOCUS: Crafternoons

WHAT HAVE YOU LEARNT, WHAT DO YOU ENJOY ABOUT THE COURSE AND YOUR RECOMMENDATIONS:

Sally has just learnt to crochet, and she feels she has almost mastered it. She really enjoys it and is particularly grateful for the expertise of Tracy Seward.



Sally playing Mahjong with her friends in her Thursday class

MEMBER PROFILE 2**INTRODUCING ... RACHEL POULTER**

MEMBER NAME: Rachel Poulter

YEAR JOINED PORT SORELL U3A: 2021

REASON(S) FOR JOINING U3A: Rachel mainly wanted to join the choir and go bird-watching with Julieanne Serafin, who ran the course. This was then followed by craft

COURSES UNDERTAKEN AND ROLES IN U3A: Rachel has been involved in the choir and bird-watching walks with Julieanne. She is currently involved in Crafternoons and is co-cordinator with Tracy Seward.



OTHER INTERESTING INFORMATION ABOUT HER: Rachel has been retired for 7 years and is a qualified soil scientist. She lives locally and enjoys going sailing with her husband.

COURSE IN FOCUS: Crafternoons

WHAT HAVE YOU LEARNT, WHAT DO YOU ENJOY ABOUT THE COURSE AND YOUR RECOMMENDATIONS:

Rachel enjoys making socks and helping with embroidery stitches. She appreciates the camaraderie of the group, and the discussions about various crafts. She relishes the varied expertise of the people in the group and often gets inspiration from them.

PROFORMAS FOR FUTURE NEWSLETTERS

MEMBER PROFILE

MEMBER NAME:

YEAR JOINED PORT SORELL U3A:

REASON(S) FOR JOINING U3A:

SHORT PARAGRAPH ON COURSES UNDERTAKEN AND ROLES IN U3A (WHERE APPLICABLE):

OTHER INTERESTING INFORMATION ABOUT YOU:

Please provide a personal photo (NB: this is OPTIONAL)

SHOWCASING OUR PEOPLE AND OUR COURSES

MEMBER NAME:

COURSE IN FOCUS:

SHORT PARAGRAPH OR A COUPLE OF SENTENCES ON WHAT YOU HAVE LEARNT, WHAT YOU ENJOY ABOUT THE COURSE AND YOUR RECOMMENDATIONS:

Please provide a photo or two of activities

NB: you can see from the two examples on the previous pages, that both of these proformas have been combined.